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Health Insurance

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This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at www.fideliscare.org or by calling 1-888-FIDELIS.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	For in-network providers \$0 individual. Doesn't apply to in-network preventive care.	You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1 st). See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u> .
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services, but see the chart starting on page 2 for other costs for services this plan covers
Is there an <u>out-of-</u> <u>pocket limit</u> on my expenses?	\$200 individual	The <u>out-of-pocket limit</u> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the <u>out-of-pocket</u> <u>limit?</u>	Premiums, balance-billed charges, and health care this plan doesn't cover	Even though you pay these expenses, they don't count toward the out-of-pocket limit .
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.
Does this plan use a network of providers?	Yes. For a list of in-network providers, see www.fideliscare.org or call 1-888-FIDELIS	If you use an in-network doctor or other health care provider , this plan will pay come or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network provider for some services. Plans use the term in-network, preferred, or participating for providers in their network . See the chart starting on page 2 for how this plan pays different kinds of providers .
Do I need a referral to see a specialist?	No	You can see the <u>specialist</u> you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes	Some of the services this plan doesn't cover are listed on page 5. See your policy or plan document for additional information about <u>excluded services</u> .

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If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at www.fideliscare.org or call 1-888-FIDELIS to request a copy.

OMB Control Numbers 1545-2229, 1210-0147, and 0938-1146

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- Copayments are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)
- This plan may encourage you to use in-network **providers** by charging you lower **deductibles**, **copayments** and **coinsurance** amounts.

Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
	Primary care visit to treat an injury or illness	\$0	Not covered	none
	Specialist visit	\$0	Not covered	none
70	Other practitioner office visit	\$0	Not covered	none
If you visit a health care <u>provider's</u> office or clinic	Preventive care/screening/immunization	\$0	Not covered	For preventive care visits/services as defined in section 2713 of ACA no deductible or cost sharing applies. Otherwise, PCP/Specialist copay per visit applies to all services in this benefit service category.
If you have a test	Diagnostic test (x-ray, blood work)	\$0	Not covered	none
	Imaging (CT/PET scans, MRIs)	\$0	Not covered	none
If you need drugs to treat your illness or condition	Generic drugs	\$1 Retail/\$3 Mail copay	Not covered	Rx through Caremark. For questions,
	Preferred brand drugs	\$3 Retail/\$8 Mail copay	Not covered	please call: 1-888-FIDELIS Retail: 30-day supply
More information about prescription	Non-preferred brand drugs	\$3 Retail/ \$8 Mail copay	Not covered	Mail Order: 90-day supply

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Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
drug coverage is available at www.fideliscare.org	Specialty drugs	\$3 copay	Not covered	none
	Facility fee (e.g., ambulatory surgery center)	\$0	Not covered	Prior Authorization is required.
If you have outpatient surgery	Physician/surgeon fees	\$0	Not covered	Prior Authorization is required. One such copay per surgery and applies only to surgery performed in a hospital inpatient or hospital outpatient facility setting, including freestanding surgicenters, not to office surgery.
If you need immediate medical attention	Emergency room services	\$0	\$0	Copay is waived if patient is admitted as an inpatient (including as an observation stay) directly from the ER
	Emergency medical transportation	\$0	\$0	Covered in-network, subject to meeting "emergency" criteria. When services are delivered by an out-of-network land ambulance provider that is not licensed under the NY Public Health Law, you may be required to pay up to the difference between the reasonable and customary allowed amount and the provider's total charges.
	Urgent care	\$0	Not covered	none
If you have a hospital stay	Facility fee (e.g., hospital room)	\$0 per admission	Not covered	Prior Authorization is required for elective hospitalizations
	Physician/surgeon fee	\$0	Not covered	Prior Authorization is required for elective hospitalizations

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Common Medical Event	Services You May Need	Your Cost If You Use an In-network Provider	Your Cost If You Use an Out-of-network Provider	Limitations & Exceptions
If you have mental	Mental/Behavioral health outpatient services	\$0	Not covered	Prior Authorization is required.
health, behavioral	Mental/Behavioral health inpatient services	\$0	Not covered	Prior Authorization is required.
health, or substance	Substance use disorder outpatient services	\$0	Not covered	Prior Authorization is required.
abuse needs	Substance use disorder inpatient services	\$0	Not covered	Prior Authorization is required.
If you are programment	Prenatal and postnatal care	\$0	Not covered	none
If you are pregnant	Delivery and all inpatient services	\$0	Not covered	Prior Authorization is required.
If you need help recovering or have other special health needs	Home health care	\$0	Not covered	Coverage for up to 40 home health care visits per condition, per lifetime.
	Rehabilitation services	\$0	Not covered	Covered for up to 60 visits per condition, per lifetime.
	Habilitation services	\$0	Not covered	Covered for up to 60 visits per condition, per lifetime.
	Skilled nursing care	\$0	Not covered	Coverage for up to 200 days. Indicated copay per admission is waived if direct transfer from hospital inpatient setting or skilled nursing facility to hospice facility
	Durable medical equipment	0% coinsurance	Not covered	Repairs and replacements are covered when necessary due to normal wear and tear. Repairs and replacements that result from misuse or abuse are not covered.
	Hospice service	\$0	Not covered	Up to 210 days per year. Inpatient hospice care is subject to the inpatient hospital cost share. Prior Authorization is required.

Coverage Period: 01/01/2017-12/31/2017

Coverage for: Individual | Plan Type: HMO

Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

Cosmetic Surgery

Long-Term Care

Routine Dental Care

Private-Duty Nursing

Routine Foot Care

Routine Eye Care

Interruption of Pregnancy

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

Chiropractic Care

Your Rights to Continue Coverage:

Federal and State laws may provide protections that allow you to keep this health insurance coverage as long as you pay your premium. There are exceptions, however, such as if:

- You commit fraud
- The insurer stops offering services in the State
- You move outside the coverage area

For more information on your rights to continue coverage, contact the insurer at Fidelis Member Services Department – 1-888-FIDELIS.

You may also contact your state insurance department at:

Department of Financial Service Consumer Assistance Unit One Commerce Plaza Albany, New York 12257 Fax: (212) 480-6282

Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to <u>appeal</u> or file a <u>grievance</u>. For questions about your rights, this notice, or assistance, you can contact: Fidelis Member Services Department – 1-888-FIDELIS.

Questions: Call 1-888-FIDELIS or visit us at www.fideliscare.org.

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Coverage Period: 01/01/2017-12/31/2017

Coverage for: Individual | Plan Type: HMO

Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." This plan or policy <u>does</u> <u>provide</u> minimum essential coverage.

Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). This health coverage does meet the minimum value standard for the benefits it provides.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-888-FIDELIS.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-888-FIDELIS.

Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-888-FIDELIS.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-888-FIDELIS.

—————To see examples of how this plan might cover costs for a sample medical situation, see the next page.-

Coverage Period: 01/01/2017-12/31/2017

Coverage for: Individual | Plan Type: HMO

About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

Having a baby

(normal delivery)

- Amount owed to providers: \$7,540
- Plan pays \$7,540
- Patient pays \$0

Sample care costs:

\$2,700
\$2,100
\$900
\$900
\$500
\$200
\$200
\$40
\$7,540

Patient pays:	
Deductibles	\$0
Copays	\$0
Coinsurance	\$0
Limits or exclusions	\$0
Total	\$0

Managing type 2 diabetes

(routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- Plan pays \$5,400
- Patient pays \$0

Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

Patient pays:

Deductibles	\$0
Copays	\$0
Coinsurance	\$0
Limits or exclusions	\$0
Total	\$0

Coverage Period: 01/01/2017-12/31/2017

Coverage for: Individual | Plan Type: HMO

Questions and answers about the Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include <u>premiums</u>.
- Sample care costs are based on national averages supplied by the U.S.
 Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from innetwork <u>providers</u>. If the patient had received care from out-of-network <u>providers</u>, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

No. Coverage Examples are <u>not</u> cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your <u>providers</u> charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

✓ Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

Yes. An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in out-of-pocket costs, such as copayments, deductibles, and coinsurance. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.